

有氧瑜珈社招生



第19期

- 師資介紹：張瑞梅、賴冠理老師
- 招生對象：全體員工
- 招生人數：每班次限定8~10人
- 課程時間：週一、三，17:00~18:00
- 課程日期：113/8/19(一)、8/21(三)起，(一期，10堂)
- 課程地點：4F_瑜珈教室
- 報名日期：即日起至8/10截止，並繳交費用
- 報名方式：請掃描QR Code或關務_張台麗分機385
- 課程費用：預繳金1000元/人，課程出席率需>80%，費用福委會全額補助。
- 其他說明：招生未滿6人(含)，取消開班，8~10人(含)合併一班。



Aerobic Yoga Club



Phase19

- **TEACHER INTRODUCTION: TEACHER ZHANG , LAI GUANYUN**
- **RUIMEI • ENROLLMENT TARGET: ALL EMPLOYEES**
- **ENROLLMENT CAPACITY: EACH SHIFT IS LIMITED TO 8~10 PEOPLE**
- **COURSE TIME: MONDAY AND WEDNESDAY, 17:00~18:00**
- **COURSE DATES: 113/8/19 (MON), 8/21 (WED) ONWARDS, (1 PERIOD, 10 CLASSES) •**
- **COURSE LOCATION: 4F_YOGA CLASSROOM**
- **REGISTRATION DATE: FROM NOW UNTIL 8/10, AND THE FEE MUST BE PAID**
- **REGISTRATION METHOD: PLEASE SCAN THE QR CODE OR KELLY EXT 385**
- **COURSE FEE: PREPAYMENT IS \$1,000 PER PERSON**
- **COURSE ATTENDANCE RATE MUST BE >80%, AND THE FEE IS FULLY SUBSIDIZED BY THE WELFARE COMMITTEE.**
- **OTHER INSTRUCTIONS: IF THE ENROLLMENT IS LESS THAN 6 PEOPLE (INCLUSIVE), THE CLASS WILL BE CANCELED AND 8 TO 10 PEOPLE (INCLUSIVE) WILL BE COMBINED INTO ONE CLASS.**

