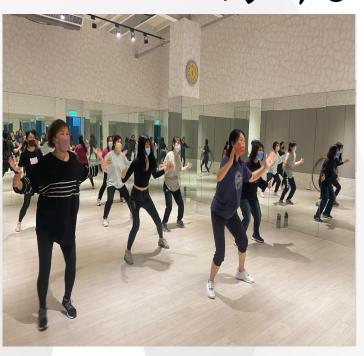
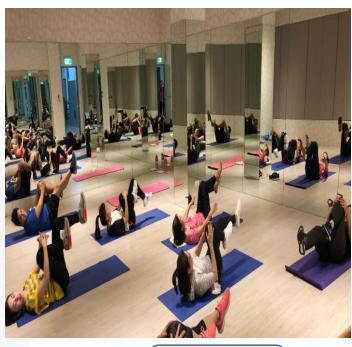


有氧瑜珈社招生





第19期

師資介紹:張瑞梅、賴冠珵老師

• 招生對象:全體員工

• 招生人數:每班次限定8~10人

課程時間:週一、三,17:00~18:00

課程日期:113/8/19(一)、8/21(三)起,(一期,10堂)

· 課程地點:4F_瑜珈教室

• 報名日期:即日起至8/10截止,並繳交費用

· 報名方式:請掃描QR Code或關務_張台麗分機385 同學。

課程費用:預繳金1000元/人,課程出席率需>80%,費用

福委會全額補助。

• 其他說明:招生未滿6人(含),取消開班,8~10人(含)合

併一班。





Aerobic Yoga Club





TEACHER INTRODUCTION: TEACHER ZHANG, LAI GUANYUN

Phase19

- RUIMEI ENROLLMENT TARGET: ALL EMPLOYEES
- ENROLLMENT CAPACITY: EACH SHIFT IS LIMITED TO 8~10 PEOPLE
- COURSE TIME: MONDAY AND WEDNESDAY, 17:00~18:00
- COURSE DATES: 113/8/19 (MON), 8/21 (WED) ONWARDS, (1 PERIOD, 10 CLASSES) •
- COURSE LOCATION: 4F_YOGA CLASSROOM
- REGISTRATION DATE: FROM NOW UNTIL 8/10, AND THE FEE MUST BE PAID
- REGISTRATION METHOD: PLEASE SCAN THE QR CODE OR KELLY EXT 385
- COURSE FEE: PREPAYMENT IS \$1,000 PER PERSON



• OTHER INSTRUCTIONS: IF THE ENROLLMENT IS LESS THAN 6 PEOPLE (INCLUSIVE), THE CLASS WILL BE CANCELED AND 8 TO 10 PEOPLE (INCLUSIVE) WILL BE COMBINED INTO ONE CLASS.

